



St. James'  
CE First School

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10<sup>th</sup> March 2025



Dear Parents /Carers,

I am pleased to inform you that on **Tuesday 25<sup>th</sup> March** we are once again participating in **the NSPCC's *Speak out. Stay safe. Programme.***

*Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age appropriate virtual assemblies and supporting classroom based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy.

Parents and carers are asked to let school know if their child may have experienced anything (in the past or happening now) which may mean they need extra support before, during or after taking part in this programme.

If you would like to know more about the Speak out. Stay safe. Programme visit [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout).

If you have any further questions, please speak with myself or your child's class teacher.

Yours sincerely,

Miss Laura Roberts

**Believe & Achieve** "I will show you my faith by my deeds" James 2:18

Love | Hope | Truth